Orthogonal polynomials on the real line satisfy a three term recurrence relation. This relation can be written in matrix notation by using a tridiagonal matrix. Similarly, orthogonal polynomials on the unit circle satisfy a Szegö recurrence relation that corresponds to an (almost) unitary Hessenberg matrix. It turns out that orthogonal rational functions with prescribed poles satisfy a recurrence relation that corresponds to diagonal plus semiseparable matrices. This leads to efficient algorithms for computing the recurrence parameters for these orthogonal rational functions by solving corresponding linear algebra problems. In this talk we will study several of these connections between orthogonal functions and matrix computations and give some numerical examples illustrating the numerical behaviour of these algorithms.